

## Fieldwork Time Log

Student's Name: Claire Paris

Fieldwork Project: CNA Training- Bingo Volunteering

Mentor's Name: Emily Marks

Date	<b>Correspondence:</b> Provide a record of each time you correspond with your mentor (phone & email) and the topic of your conversation.
9-26	phone- discussed her personal information for the mentor form due on the 27th
10-5	phone-There was confusion about what the responsibilities of being my mentor. Everything was clarified and she will continue being my mentor.

## Applied Learning Project

Date	<b>Fieldwork with your Mentor:</b> Provide a description of all work completed under the direct guidance of your mentor.	Number of Hours
9-24	I met with Emily to discuss hours and possible activity options. We decided that I would be calling bingo every wednesday at 6:00 PM.	1
11-6	I briefly met with Emily Marks to discuss how the project was coming and if the residents were satisfied. All is well therefore no important news to discuss.	0.5

**Total Hours** \_\_\_\_\_

## Applied Learning Project

Date	<b>Independent Fieldwork:</b> Provide a description of all fieldwork you complete independently.	Number of Hours
9-28	Today was my first weekly bingo session. It went very well and the residents were extremely engaged.	2
10-5	I had my second bingo session. One of my residents, Flora, is tough but just needs guidance because she doesn't quite understand how to play yet.	2
10-12	Third bingo session; I placed white chips on unneeded spaces for Flora so that she was less confused. This technique made it very easy for her to focus and understand how to play correctly.	2
10-19	Fourth bingo session; we finished early compared to the previous sessions due to the rapidity that the bingos were called. It went very smoothly.	1.5
11-2, 11-9	Bingo was extremely fun as usual. The residents had a blast and frequently compliment me on how well I call out the numbers and the pace that I maintain in between them.	4
11-16,11-23 ,11-30, 12-7	These bingo sessions were uneventful because they had no important culminating point. Each resident puts the effort into coming down the the room and playing to win. We play 7 games every Wednesday night. The residents put in a quarter for every game until the last game where they put two quarters in. The resident who wins the game wins all of the game's quarters. The residents love the autonomy that they receive in this process.	8
12-14	A new resident joined us tonight to play bingo. Her name was Joyce. She was extremely confused and hard of hearing which made it quite difficult for her to understand the numbers that I was calling out even when I elevated my voice to meet her needs. She seemed to have dyslexic tendencies when she would repeat the numbers back to me to check if they were correct. The other residents became extremely frustrated which only made Joyce more anxious. Eventually the residents realized that she couldn't help it and became very accepting of the situation.	2.5
12-21	The past bingo session was extremely quiet. None of the difficult residents came to play. We had a delightful surprise of having the brownie girls come to carol for the holidays. The residents absolutely loved every moment of it. Due to the fact that I am commencing my CNA training classes when I come back from vacation, I will not be able to attend more bingo sessions. This made it extremely difficult	2.5

## Applied Learning Project

	for me to say goodbye to my residents and wish them a happy holidays.	
WEEK 1 1/9-1/12	<p><u>Mon</u>-Overview of the program Hospitals and nursing programs The patient's rights</p> <p><u>Tues</u>-The nursing assistant Work ethics Communicating with the health team</p> <p><u>Wed</u>-Understanding the person Understanding the body structure and functions Caring for the older person</p> <p><u>Thurs</u>- Promoting safety and restraints Assisting with fall prevention Restraints</p>	20
WEEK 2 1/17-1/9	<p><u>Mon</u>- MLK Jr. Day- no class</p> <p><u>Tues</u>-Exam #1 (chapters 1-8) - 95% Restraints alternatives and safety restraints user Preventing infection Lab- hand-washing, gloves, mask, gown</p> <p><u>Wed</u>-Body mechanics Lab- moving up bed, side to side Assisting with moving and transfer Lab- positioning and transfer Assisting with comfort Lab- bed making</p> <p><u>Thurs</u>-Assisting with hygiene Lab- oral hygiene, bathing, back rub, perineal care</p>	15
WEEK 3 1/23-1/26	<p><u>Mon</u>-Assisting with grooming Lab- hair care, nail care, dressing, undressing</p> <p><u>Tues</u>-Assisting with urinary elimination Assisting with bowel elimination Lab- bedpan, commode, drainage bag</p> <p><u>Wed</u>-Exam #2 (chapters 9-17) - 95% Assisting with nutrition and fluids Assisting with assessment Lab- feeding Lab- vital signs (TPR, BP, Height and Weight)</p> <p><u>Thurs</u>-Assisting with specimens Lab- urine sample Assisting with exercise and activity</p>	20

## Applied Learning Project

	Lab- range of motion	
WEEK 4 1/30-2/2	<p><u>Mon</u>-Assisting with wound care  Assisting with pressure ulcers  Assisting with oxygen needs  Assisting with rehab and restorative needs</p> <p><u>Tues</u>- Common health problems</p> <p><u>Wed</u>-Mental health problems  Confusion and dementia</p> <p><u>Thurs</u>-Exam #3 (Chapters 17-28) - 95%  Assisting with emergency care  Care of the dying person</p>	20
WEEK 5 2/6-2/9	<p><u>Mon</u>-Manage your time and take care of yourself  State exam information  Orientation to clinical</p> <p><u>Tues</u>-Final (Chapters 1-32) - 97%  Home Health Aide Care Training</p> <p><u>Wed</u>-Home Health Aide Care Training cont.</p> <p><u>Thurs</u>-CANCELLED DUE TO SNOWSTORM</p>	20
WEEK 6 2/13-2/16	<p><u>Mon</u>- Clinical - Wingate</p> <ul style="list-style-type: none"> <li>- aiding with cleaning</li> <li>- aiding with bathroom</li> <li>- aiding with daily living activities</li> <li>- aiding with transferring</li> <li>- dressing</li> </ul> <p><u>Tues</u>- Clinical - Wingate</p> <ul style="list-style-type: none"> <li>- aiding with shower</li> <li>- aiding with bathroom</li> <li>- aiding with cleaning</li> <li>- aiding with daily living</li> <li>- aiding with transferring</li> <li>- aiding with meals/feeding</li> <li>- aiding with putting to bed</li> <li>- nail care</li> </ul> <p><u>Wed</u>- Clinical - Wingate</p> <ul style="list-style-type: none"> <li>- taking vital signs</li> <li>- aiding with bathroom</li> <li>- aiding with cleaning</li> <li>- aiding with daily living activities</li> <li>- aiding with transferring</li> <li>- aiding with meals/feeding</li> </ul>	27

## Applied Learning Project

	<ul style="list-style-type: none"> <li>- aiding with putting to bed</li> <li>- aiding with dressing</li> </ul> <p><u>Thurs-</u> Graduation</p>	
2/20	CPR class <ul style="list-style-type: none"> <li>- CPR video</li> <li>- practice on dummies</li> <li>- First Aid video</li> <li>- Final Test ( 96%)</li> </ul>	6
3/8	Practice for State Exam <ul style="list-style-type: none"> <li>- Nail Care</li> <li>- Dentures</li> <li>- Positioning</li> <li>- Range of Motion</li> <li>- Bed pan</li> <li>- Dressing</li> </ul>	4.5
3/13	CNA State Exam <ul style="list-style-type: none"> <li>- Part 1: Knowledge</li> <li>- Part 2: Skills               <ul style="list-style-type: none"> <li>- Dentures (cleaning and putting in)</li> <li>- Positioning on the patient's right side</li> </ul> </li> </ul> (2-3 weeks before receiving skills)	8
3/27	Received in the mail the confirmation that I passed my Certified Nursing State Exam.	0

**Total Hours**              165 hrs        

### Fieldwork Log: Progress Report Rubric

**NOTE:** Completion of 20 hours of fieldwork under the guidance of a mentor is a required component of the ALP. Students cannot successfully complete ALP without having fulfilled this requirement.

The following rubric is an assessment not of your fieldwork but of your fieldwork log and its contents.

<b>Correspondence</b>	5
Students has included a record of all correspondence with their mentor since their last fieldwork log submission.	5

#### Fieldwork with Mentor

<b>Dates</b>	5
Each entry in the log includes the specific date that the hours were logged. All dates are current and include all fieldwork since the last fieldwork log submission.	5

# Applied Learning Project

<b>Hours</b>	5
Each entry in the log lists how much time you dedicated to your fieldwork during those individual dates. Hours are included for all fieldwork completed since the last log submission.	5

<b>Descriptions</b>	15
Each entry includes a detailed description of all aspect the project that were worked on during each individual date. Descriptions are included for all fieldwork since the last fieldwork log submission.	15

### Independent Fieldwork

<b>Dates</b>	5
Each entry in the log includes the specific date that the hours were logged. All dates are current and include all fieldwork since the last fieldwork log submission.	5

<b>Hours</b>	5
Each entry in the log lists how much time you dedicated to your fieldwork during those individual dates. Hours are included for all fieldwork completed since the last log submission.	5

<b>Descriptions</b>	15
Each entry includes a detailed description of all aspect the project that were worked on during each individual date. Descriptions are included for all fieldwork since the last fieldwork log submission.	15

Overall progress toward end project	Exemplary	Acceptable	Making Progress	Limited Progress
Student is making acceptable progress toward the mid year goal of 8 hours work on their project.	<b>X</b>			

\*Late assignments will be penalized 5% per day late).

**Comments:**

**Points Received: \_\_\_\_\_ 55/55**